

SCHOOL SOCIAL WORK SERVICES

Children and adolescents experience grief and loss differently and are not always developmentally ready to understand or cope with the intense feelings of sadness. In some instances, experiences with grief and loss may cause them to question the reality of their mortality. When children have experienced the loss of a family member, friend, classmate or teacher, it is important to understand that they may have a variety of emotions.

If your child is experiencing grief from a loss, please contact their school. The information you provide will help teachers and school staff understand any academic or behavioral changes your child may have. If concerns arise at school as the result of grief and loss, Student Services Team members are available to identify ways to best support your child and help them process their feelings.

Although this is not an exhaustive list, we have gathered a number of resources for grief and loss that may assist you.

Grief and Loss Resources

Helping Young Children with Grief:

- [The Dougy Center](#)
- [Parents Article](#)
- [Sesame Street – Helping Kids Grieve](#)

Grief Support Programs and Camps:

- [Kate's Club](#)
- [Camp Erin](#)
- [Camp MAGIK](#)
- [Camp Stars](#)

Resources to Help Talk About Loss:

- [Child Mind Institute](#)
- [Kids Health](#)